

ALUTH AVURUDU NAKATH SITTUWA 2025

OBSERVING THE NEW MOON

Marks a symbolic transition; time for reflection and realignment with cosmic energies.

Date & Time: Sunday, March 30 & Thursday, May 1
Ritual/Activity: Observing the new moon

RITUAL BATH FOR THE OLD YEAR

Purifies body and spirit, gracefully closes the old year.

Date & Time: Sunday, April 13
Ritual/Activity: Herbal bath with Divul leaves, religious observances

DAWN OF THE NEW YEAR

Symbolizes a fresh beginning filled with hope and prosperity.

Date & Time: Monday, April 14 at 3:21 AM
Ritual/Activity: Lighting oil lamps

PUNYA KALAYA (NEUTRAL PERIOD)

A spiritually significant period for transition and mindfulness.

Date & Time: From April 13 at 8:57 PM To April 14 at 9:45 AM
Ritual/Activity: Stillness and mindfulness; religious rituals and auspicious activities

PREPARATI ON OF THE FIRST MEAL

Marks abundance, prosperity, and family unity.

Date & Time: Monday, April 14 at 4:04 AM
Ritual/Activity: Cooking kiribath, sweets, boiling milk
Dress Code & Direction: Copper-colored attire, facing south

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FIRST WORK & TRANSACTIONS

Symbolizes a successful and stable start to the new year.

Date & Time: Monday, April 14 at 6:44 AM
Ritual/Activity: Starting work, financial transactions, first meal of the year
Dress Code & Direction: White and pearl-colored attire, facing south

ANOINTING OF OIL

Promotes good health and protection for the year ahead.

Date & Time: Wednesday, April 16 at 9:04 AM
Ritual/Activity: Applying herbal oils (kohomba, kolon) to the head
Dress Code & Direction: Green attire, facing north

STEPPING OUT FOR PROSPERITY

Invites good fortune, success, and positivity through the first journey of the year.

Date & Time: Thursday, April 17 at 9:03 AM
Ritual/Activity: Eating kiribath, stepping outside
Dress Code & Direction: Gold attire, facing north