MINISTRY OF YOUTH AFFAIRS AND SPORTS

National Institute of Sports Science Diploma In Sports 2026/2027

APPLICATIONS are invited from suitably qualified candidates to follow the Diploma in Sports Science conducted in Sinhala and English medium by the National Institute of Sports Science of the Ministry of Youth Affairs and Sports. The applicants should be between 18-35 years of age. (The upper age limit for those who are in government service should not exceed 45 years)

01. Educational and Other Qualifications :

1.1 Should have passed G.C.E. Ordinary Level Examination in Six (6) subjects with three (03) credits in not more than two sittings and two of the six subjects should be Sinhala or Tamil Language and Arithmetic or Mathematics.

In addition to the above, the applicants should have obtained :-

(a) Should have successfully completed a course in Sports or Physical Education which is not less than six (06) months from a recognized school;

or

(b) Should have successfully completed a course in sports or Physical Education in a Training Institute or school of the Police, Armed Forces or Civil Defense Service;

or

(c) Should have served as a Teacher in Sports or Ground Instructor in a local government body or should have shown special performance in the field of sports with at least five (05) years' experience;

or

(d) Should be a member of a National Sports Team in any sports and should have participated in an international Competition;

or

(e) Should have obtained first or second place of a District Level Competition in National Sports Festival conducted by the Ministry of Sports or first, second or third place in a National level competition conducted by a National Sports Association.

1.2 Applications which do not conform to the specimen form will be rejected.

02. Preparation of Application :

2.1 Candidates possessing the necessary qualifications mentioned above should submit their applications in a paper of 8" x 13 1/2" in size as per specimen application form appearing at the end of this notice. Applications should be completed in applicant's own handwriting and sent by registered post to reach the Director, National Institute of Sports Science, 100/7, Independence Avenue, Colombo 07, on or before 01.12.2026.

2.2 "Application for the Course of Diploma in Sports 2026/2027" should be written at the top left corner of the envelope containing the application.

2.3 Applicants from the Government Service, Provincial Government Service, and Corporations should send their applications through the head of their respective Departments/ Institutions. The applications which do not conform to this requirement will be rejected.

03. Selection of Candidates :

Out of the applications received, all candidates who have fulfilled required qualifications will be called for a written examination. The candidates who are successful at the examination will be called for an interview and a physical fitness practical examination. Those who are successful will be selected to follow the course.

04. Details of the course

4.1 Syllabus contains five sections as follows -

(a) General Theory of Training :- Study of Physical Qualities, Skill Development Techniques & Strategies, Training Methods, Aspects of Planning, Principles of Training Load and Tests and a Viva voce examination.

(b) Theory and Practical of at least ten major sports.

(c) Specialization in Track and Field Athletics.

(d) Within the duration of the Diploma course, specialization is required in one of sports for male and female candidates depending on the situation in addition to track and field athletics.

(e) Knowledge of general subjects such as Sports Physiology, Sports Sociology, Sports Administration, Sports Statistics,

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Organizing Methods of Sports Festivals, Sports Medicine, Sports Biochemistry, Sports Nutrition and Sports Psychology.

4.2 The duration of the course is 12 months.

4.3 Only applicants who are selected for this course should pay an amount of Rs. 60,000.00 as course fee to Bank of Ceylon Torrington Branch bearing number **7040742** with **"Secretary, Ministry of Sports and Youth Affairs"** as the account holders' name and on the receipt "NISSDIP 26/27" as the deposit requirement, before starting the course, A photo of the receipt should be sent to the email address **diploma@niss.gov.lk.** The National Institute of Sports Science will not be responsible for the money of those who do not email the receipt.

Only candidates who have cleared the course fees will be admitted to the course. And if this amount is paid by cheque, the payee should be marked as "Secretary, Ministry of Sports and Youth Affairs". This amount is non-refundable for any reason.

4.4 Hostel facilities are available at the National Institute of Sports Science for candidates who qualify for the course. A hostel fee of Rs. 18,000.00 is charged. (covering the one year duration of the course.) This amount must be paid on the day of registration for the course.

4.5 The selected candidates are bound to follow the rules and regulations of the National Institution of Sports Science.

4.6 Candidates who complete the course successfully will be awarded with a certificate of "Diploma in Sports".

05. Other Conditions

5.1 The Ministry does not hold responsibility to provide employment to those who complete the course.

5.2 Highest qualifications or required qualifications should be stated in the application and any data/ details provided thereinafter will not be entertained.

5.3 Any matter which is not specified in this notice will be decided at the discretion of the Director of the National Institute of Sports Science.

Director,
National Institute of Sports Science.

100/7, Independence Avenue,
Colombo 07,
28th October, 2026.

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