

## CONDITIONING TRAINER – SUPER PROVINCE

Sri Lanka Cricket invites applications from suitably qualified and experienced individuals for the position of Conditioning Trainer for Super Province.

### » Key Responsibilities

- Design and implement strength and conditioning programmes tailored to team and player requirements
- Monitor player fitness levels and ensure structured conditioning plans are followed
- Conduct fitness assessments, testing, and performance evaluations
- Work closely with coaches, medical staff, and performance analysts to optimise player readiness
- Manage injury prevention strategies and rehabilitation support in coordination with medical teams
- Maintain accurate fitness records and performance data
- Provide ongoing feedback and reporting on player physical development
- Support match preparation through targeted conditioning plans

### » Key Position Requirements

- Degree or professional qualification in Sports Science, Exercise Science, Physical Education, or related field
- Professional certification in strength and conditioning will be an added advantage
- A minimum of 2 years of experience working in elite sport or high-performance cricket environments
- Strong knowledge of strength training, conditioning principles, and injury prevention
- Ability to design and deliver structured fitness programmes for elite athletes
- Excellent communication and interpersonal skills
- Ability to work under pressure and manage multiple squads/levels
- Experience working with multidisciplinary high-performance teams
- Basic IT knowledge and proficiency in MS Office packages

An attractive and negotiable remuneration package with other fringe benefits and excellent career prospects awaits the selected candidate.

All applications should be forwarded to [vacancies@srilankacricket.lk](mailto:vacancies@srilankacricket.lk) along with the names of two non-related referees who are not employed by Sri Lanka Cricket, within 10 days from the date of this advertisement.

**Applications from both male and female candidates are encouraged.**

*\*Please mention the post applied for on the subject line of the email*

*\*Please ensure all employment criteria are met prior to applying*

*\*Canvassing in any form will be a definite disqualification*