

ALUTH AVURUDU NAKATH SITTUWA 2026

OBSERVING THE NEW MOON

Marks a symbolic transition; time for reflection and realignment with cosmic energies.

Date & Time: March 20 (Friday)
Ritual/Activity: Observing the new moon

RITUAL BATH FOR THE OLD YEAR

Purifies body and spirit, gracefully closes the old year.

Date & Time: April 13 (Monday)
Ritual/Activity: Bathing with divl leaf juice and meditating on Deities symbolize purification and spiritual preparation before the New Year.

DAWN OF THE NEW YEAR

Symbolizes a fresh beginning filled with hope and prosperity.

Date & Time: April 14 (Tuesday) – 09:32 AM
Ritual/Activity: Lighting oil lamps

PUNYA KALAYA (NEUTRAL PERIOD)

A spiritually significant period for transition and mindfulness.

Date & Time: April 14 (Tuesday) – 03:08 AM to 03:56 PM
Ritual/Activity: Stillness and mindfulness; religious rituals and auspicious activities

PREPARATI ON OF THE FIRST MEAL

Marks abundance, prosperity, and family unity.

Date & Time: April 14 (Tuesday) – 10:41 AM
Ritual/Activity: Cooking kiribath, sweets, boiling milk
Dress Code & Direction: Copper-colored attire, facing south

ALUTH AVURUDU NAKATH SITTUWA 2025

FIRST WORK & TRANSACTIONS

Symbolizes a successful and stable start to the new year.

Date & Time: April 14 (Tuesday) – 12:05 PM

Ritual/Activity: Starting work, financial transactions, first meal of the year

Dress Code & Direction: White and pearl-colored attire, facing south

ANOINTING OF OIL

Promotes good health and protection for the year ahead.

Date & Time: April 15 (Wednesday) – 06:54 AM

Ritual/Activity: Applying herbal oils (kohomba, kolon) to the head

Dress Code & Direction: Green attire, facing north

STEPPING OUT FOR PROSPERITY

Invites good fortune, success, and positivity through the first journey of the year.

Date & Time: April 20 (Monday) – 06:27 AM

Ritual/Activity: Eating kiribath, stepping outside

Dress Code & Direction: Gold attire, facing north

PLANTING TREES

Symbolizes growth, prosperity, and harmony with nature in the new year.

Date & Time: April 23 (Thursday) – 11:36 AM

Ritual/Activity: Wearing gold-colored clothes and planting trees towards the north

